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Teach English in:  
**Poland**

# Welcome to Poland

If their amazing sweet or savoury pierogi isn't draw enough to do your TEFL internship in Poland, then the following details will have you booking your plane tickets to Central European stat. It won't take you long to fit into Poland's incredibly modern, yet laid back, vibe. Luckily for you too, it is easy to live in Poland without speaking Polish.

Despite being one of the most densely populated countries in Europe, you'll still find your nirvana amidst its sandy North-Coast beaches, mountain top resorts, and sprawling forest parks, not to mention its incredibly friendly people. Ready to slurp some Barszcz Zurek (sour bread soup) and get this teach abroad party started? Let's get you to Poland!

**The best way to get to know these incredible locals?**



there as an ESL teacher with Premier TEFL: the Poland teach abroad experts.





# Placements & Locations

Get set to rock a 6 or 10 month long paid ESL internship in Poland — you've got a full orientation to hit the ground running. We will give you the framework for success, but it is up to you to craft an experience you love. That means proactively making friends, saving your złoty to explore all 16 provinces (we challenge you!)



## locations:

Your first week is spent in Kraków or Warsaw, the two capital cities of Poland and the hubs for 50% of teaching placements. From smaller towns to big cities, the location possibilities are endless. This program is nationwide; we'll do our best to accommodate your preference!



## the internship:

You'll get a 6 or 10 month (academic year) contract in Poland to teach children from preschool age to adults from Mon - Fri. There are also opportunities to stay if you never want to leave!



## school placements:

While teaching in Poland, you will be placed in either preschools with students aged three to six or in language schools where your students' ages will typically start from seven upwards. Since you'll be working with kids, be sure to memorize both primary school songs AND the latest Eurovision hits.



## perks

You can earn a monthly salary as high as 3000 to 6000 PLN (\$750-\$1,500/€650-€1,300/£560-£1,100) — leaving you plenty of currency to devote towards adventure. You'll get weekends and public holidays off too.

Teaching English in Poland is an absolute dream job. From mountain to mountain, castle to castle, and nature park to nature park, there's no chance you won't fall in love with your life as an ESL teacher here.

# Orientation

Join us for 7 FULL days of glorious orientation to kickstart your time in Poland. There's a lot to pack into your crash course: sightseeing, cherry vodka tastings (caution advised), introductions to the Polish culture, figuring out how to pronounce *Przemysław* (p-shemis-waw), the usual.

We'll share pro-tips on life both inside and outside the classroom, as well as giving you plenty of time for you to get to know your new *przyjaciele* — friends.

## Your Accommodation

You will spend your first week in Kraków or Warsaw while completing your orientation. Teachers typically stay together in a local hostel, booked by our partners. You can choose to share (€200) or have a private room (€350) your first 7 nights. Our partners will then help you to arrange viewings of suitable apartments according to your budget at your placement location.

**TIP:** For shared apartments including bills, budget around 800 - 1000 PLN US\$200-250/€175-220/£150-185 monthly.



## Verified Premier TEFL Testimonials



I've always shared a great desire for the English language and for teaching it to my peers and international friends. Teaching and learning new languages are fascinating and educating others or foreigners to learn your mother tongue or languages in general can be quite rewarding... You can learn a ton from your language learners – I already have!

**Lee Basson**

Poland Intern



# Who Can Apply?

While we'd love to show EVERYONE the joy and beauty of Poland's landscapes, there are certain minimum qualifications to becoming an ESL teacher here.

You must be/have...



Aged 18+



Native English speaker



Completed High School



TEFL qualified (included)



A clean police record



Have dedication, cultural flexibility, organization, respect, creativity, enthusiasm and professionalism

# What's Up For Grabs?



**Monthly Salary**  
of 3000  
to 6000 PLN



**Course Included**  
120 hours of  
TEFL training



**Flights**  
Airport pick-up  
& transfers



**Orientation**  
Full arrival orientation  
& welcome meal



**Excursions**  
Polish cultural  
excursions



**Placement**  
6 or 10 month long  
teaching placement



**Great Schools**  
Teach in language schools  
or preschools



**Local SIM Card**  
Bank account, and tax ID



**Accommodation**  
Housing assistance



**Extra Holidays**  
Weekends & public holidays



**Language lessons**  
Polish language lessons



**Medical Cover**  
Optional cover



**Visa Assistance**  
Full guidance



**In Country Support**  
Ongoing support

**Monthly Salary In Your Currency:**

\*3000 to 6000 PLN (\$750-\$1,500/€650-€1,300/£560-£1,100)





## 8 Poland Facts

- 1 The name "Poland" (Polska) has an interesting meaning. It originates from the name of the tribe Polanie, which means "people living in open fields".
- 2 During WWII Warsaw was almost completely destroyed and had to be rebuilt completely. The 'Old Town' was actually constructed post-war.
- 3 Poland has an impressive 16 World Heritage Sites and among them the biggest castle in the world – Malbork. We challenge you to see them all!
- 4 Located in the medieval cellars of Wrocław's Old Town Hall, the "Piwnica Swidnicka" is the oldest restaurant in Europe, open since 1275. You can still eat there today.
- 5 Kraków's Wieliczka Salt Mine is home to the world's largest underground church.
- 6 Hotly debated by Russians, it is believed that vodka was invented in Poland.
- 7 Poland shares its borders with seven countries – including Germany and Russia.
- 8 The largest open-air music festival in Europe "Pol'and'Rock" is held in Poland.





## FAQ

### I've already completed a TEFL course, can I get a discount?

Yes! So long as you've completed comprehensive TEFL training, you'll be eligible for a further discount. [Contact us](#) to find out how much extra you'll save.

### How long before my start date should I arrive?

You should book flights to arrive into the nominated airport (for Kraków programs, KRK; for Warsaw programs, WAW or WMI) on your specific internship arrival date, for airport pick up and orientation. If you choose to arrive earlier you will be responsible for the costs of your accommodation between your arrival and the start of the internship.

### How do I get from orientation to my placement?

If you are not placed in Kraków or Warsaw, you'll travel by public transport (bus or train) to your placement location. Don't be nervous - part of your orientation will cover tips and tricks for using Poland's excellent and modern network of intercity buses and trains.

### Will I be placed with other interns?

Yes, in most cases there will be at least one other intern at your school. Even if you are not,

there will most certainly be other foreign English teachers at your school as well, who are on a similar journey as you. You'll get to know each other during orientation so it will be easy to plan meet-ups with new friends - you'll be joining a great community of English teachers from all over the world!

Our in-country partners organize regular excursions and local social events for the interns, so you'll never have an empty social calendar.

### How much will I get paid?

Your 3000 to 6000 PLN (\$750-\$1,500/€650-€1,300/£560-£1,100) monthly salary will be paid in złoty, the local currency, by bank transfer to your Polish bank account (we'll help you to set this up).

You should budget to have enough spending money to cover your initial six to eight weeks in Poland until you receive your first pay. This includes your first month's rent plus a security deposit for your new apartment (usually equivalent to one month's rent). Typically, your salary will be paid around the 15th of the month, but can vary from school to school.

**TIP:** Our previous interns say your first month can often be when you spend more - excursions, socializing and getting settled in. We recommend you try to budget a little extra per month for trips

and then have an emergency fund / credit card for unexpected events or emergencies.

Remember that your salary as an intern will be enough to cover a comfortable lifestyle in Poland but most likely not enough to live lavishly or make savings. Preschools and primary schools in Poland tend to offer higher salaries than language schools (though not always), so if money is an objective, we recommend choosing this pathway.

### Who will I be teaching?

You'll be working either in a private language school or a preschool, depending on which track you choose. If you work at a private language school, your students will consist of older kids and teenagers (aged 7-19) plus adults. Your school's director may assign you to more classes with younger kids or more classes with teens and adults, depending on your strengths. Students will typically be at the intermediate to advanced level of English, as beginner students usually learn with bilingual local teachers.

If you work at a preschool or primary school, your students will be in the three to six age range. While you will likely have some students who speak only the most basic English, others will definitely surprise you with how well they can speak English at such a young age.

### Can I be placed with a friend or partner?

Yes, you can request to be placed with a friend or as a couple. You'll have a spot on your application

form to mention who you're traveling with. Note: Placement together is dependent on availability and can't be guaranteed. It is likely that you and your friend or partner will end up working at two different schools in the same city. We recommend applying early to be in with the best chance for placement together.

### Where will I be located?

About 50% of our placements are located in Poland's two economic and cultural hubs; Kraków and Warsaw. So there's a very good chance you'll end up living in one of these cities.

A large number of placements are found in Poland's 'second cities,' including Wrocław, Katowice, Poznań, and Gdańsk. The remaining placements are in smaller cities and towns.

You will be asked to nominate your preference of placement during the application process (NB. due to availability preference can't be guaranteed, so it's best to be flexible and apply early).

### What will my housing be like?

You'll be living like a local; renting a room or apartment from a local landlord in a local residential neighborhood.

Our in-country partners will find an apartment or room for you based on your personal and budget preferences. Apartments in Poland, as elsewhere in Europe, are generally of very high standard, coming fully furnished with equipped kitchens,







high-speed internet, and safe tap water. While the low cost of living in Poland (especially in smaller cities) does allow for interns who want more privacy to rent studios or full apartments on their teaching salaries, and many interns will do this, most interns choose to rent a room in a shared apartment to cut down costs and leave more money left over for socializing, fun, and traveling.

**TIP:** Eating out in Poland is incredibly cheap compared to Western Europe, so many interns fall into a routine of eating out for every meal. But food at the grocery store is even cheaper - so take advantage of your apartment's fully equipped kitchen and save money on food by cooking for yourself like the locals do.

**I have dietary requirements, will I manage okay?**

Yes! Poland, like the rest of Europe, is very tolerant of vegetarian, vegan, gluten-free, dairy-free and other common dietary requirements. You'll find similar dietary options in Poland as you likely do in your home country.

**What extras do I need to pay for?**

- Orientation hostel (€200 shared room / €350 single)
- Housing deposit
- Comprehensive travel insurance

- Visa (if required)
- Flights

**Can I book a one-way flight?**

Yes! Poland does not require a round-trip ticket for visa purposes.

Just so you're aware: Poland is just one of those countries where many teachers come to for a semester but end up staying for years! Don't say we didn't warn you :)

**Is there a chance I won't be accepted?**

As with any internship your spot isn't guaranteed. Your application is subject to approval by our in-country partners, plus the director of your future school.

If your application is not approved by our partner schools you'll be refunded all of your internship fee plus 50% of the value of your included TEFL course. Essentially, you'll get TEFL trained at half price.

We'll also guide you on other internship options or independent job searches.





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Internships.  
Want to talk more?



We're here to make sure you have the best TEFL experience and get you living the life you've always dreamed of abroad!

Contact us with any questions - we'll help you get there.

We're available to chat Monday to Friday

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